

Contact:
Ross Pawlak
Miami Township Fire & EMS
5888 McPicken Dr
Milford, OH 45150
(513)-248-3700 = Business
(513)-383-8412 = Cell
ross.pawlak@miamtwpoh.gov

Scott Firefighter Combat Challenge “The Toughest Two Minutes in Sports”

Milford, Ohio – April 17th and 18th 2010 in the Target parking lot at 100 River’s Edge –
Miami Township Local 3768 in cooperation with Milford Community Fire Department is again bringing the Scott Firefighter Combat Challenge (FCC) to the tri-state area.

Bring your family, your friends, or your entire organization. **"IT'S FREE"**

Don't miss seeing firefighters from the Greater Cincinnati Tri-State Area and across the United States compete in what is deemed the "Toughest Two Minutes in Sports". Wearing "full bunker gear" and a Scott breathing apparatus (SCBA), pairs of firefighters simulate the physical demands of real life firefighting by competing on a linked series of five tasks. The competition begins with climbing a five story tower carrying a 42-pound high-rise hose pack; then hoist a 42 lb. hose roll to the top; next they descend to the ground floor where they simulate chopping by swinging a 9-pound shot mallet on the end of a 160 pound steel beam. They then zigzag 140 feet through simulation hydrants to the fourth station, where they advance an attack hose a distance of 75 feet; and finally, competitors drag a life sized, 175 lb. "victim" a distance of 100 feet to the finish line.

The Challenge is an intense, spirited competition and seeks to encourage firefighter fitness and demonstrate the profession's rigors to our stakeholders- the citizens who support their local departments. Unlike sports that exist solely for entertainment value, the Challenge is about performing one of the most dangerous and demanding jobs safer and better.

Also a part of this weekends **"FREE"** activity is the Corporate Leadership Challenge (CLC) and the Kid's Firefighter Challenge (KFC). Come watch our corporate sponsors function as a five person teams and tackle the same five tasks the professional firefighters do. For the KFC, each child is outfitted with a helmet and "turn-out gear." In order, each child carries a shoulder load of hose, climbs to the top of our 12-foot inflatable tower, slides to the bottom, where they "stop, drop and roll." They then crawl through the tunnel, work the miniature Keiser Force Machine with the supplied mallet, advance a 1" wildland fire line with authentic nozzle striking a target and finally "make the rescue" with an appropriately sized mannequin. It is **"FREE"** to all children. A great family weekend!!!!

For more information about this event please visit www.taff3768.org, www.miamitownshipoh.gov/fireems, or www.firefighterchallenge.com.